

## **PARENT COFFEE**

### **A WORKSHOP WITH COUNSELORS**

Join us for a time to interact with the counseling department. This will be a time to receive relevant information, discuss today's issues that your teen may be facing and a time of Q and A.

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#### **DATES & TOPICS:**

October 3rd

- *Suicide Prevention and Awareness*

December 5th

- *Career Exploration and Navigation*

February 27th

- *Using Stress for Your Advantage*

May 1st

- *Taking Control and Decision Making*
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**TIME:** 6:00PM-7:00PM.

**WHERE:** Creekside High School—Room 2

**WEB:** [IUSD.ORG/CHS](http://IUSD.ORG/CHS)



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